

Birmingham and Miss D. Vine, Exmouth (between whom the prize of £1 was divided), and Miss F. E. Were, Weston-super-Mare.

In this same room, Miss Dora Vine showed some very useful hints adapted from Dr. Truby King's book, "Feeding the Baby." These included diet cards, showing at a glance the time for food, bath, sleep and exercise arranged for children at various ages. There was also a baby's napkin arranged with a bran bag for use at night. This allows the infant perfect freedom and the bran absorbs a normal amount of excreta. There were various postcards designed to convey home truths to district mothers, such cards bore legends such as

crochet, as it has been found that poor girls not accustomed to using their fingers can learn crochet quicker than knitting. The vest is made like a shirt, so that it can be put on without moving the arms, and has a slot for ribbon or tape top and bottom, which ensures fit, and can also allow of the vests being used later as top of a petticoat. It can be made with or without sleeves.

Preparations for irrigating a baby's eyes on the district caused much interest. In a clean towel were placed a penny milk jug with lip, a roll of small linen swabs strung on cotton, a piece of butter muslin, a small cake of soap, and a piece of



COLLECTION MADE BY BIRMINGHAM SCHOOL NURSES OF RAGGED CLOTHES WORN BY SCHOOL CHILDREN,

"Listen to the thrush singing, have a frog in your garden, but neither in your baby's mouth."

Another card showed a child asleep tied into a push-cart, and the spine curved to a terrible extent. Here the text was, "Does *your* baby sit like this?" There were also "12 Golden Rules for Baby" and "What Every Baby needs, whether well or ill." The actual size of the infant's stomach at birth and the capacity as shown by a medicine glass containing one ounce, was depicted to impress the two facts on mothers. Any of these cards can be obtained on application to the Editor of this paper. A model of a baby's vest was also exhibited. This was made in

mackintosh, in this instance a penny waterproof bib. All these things to be kept in a box, rolled in the towel.

A nurse entering for the Nurses' Inventions Competition for "inventions for the comfort of the sick," showed a bed-lifter. This consists of two pieces of canvas with long webbing straps attaching them to the bed at top and bottom. The patient lies on the canvas and can be easily lifted when the straps are pulled. The required height is kept up by means of buckles. Where the bed has a tall footrail nothing more is required, but in the ordinary Lawson Tait bed an extra "fitting" must be used. This is an upright post

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